



# Alabama Community College System

## HED 222 Community Health

### I. HED 222 Community Health—3 Semester Hours

### II. Course Description

This course introduces principles and practices of community health; it includes drug use and abuse, communicable diseases, cardiovascular diseases, cancer, consumer health, health organization and environmental concerns.

### III. Prerequisite

None

### IV. Textbook

**NOTE: Replace this statement with required textbook information.**

Due to the varied selection of quality college-level textbooks, each college will select the textbook needed to meet the requirements of this course.

### V. Course Learning Outcomes

By the end of the course, students will be able to:

1. define community health and identify the major contributing factors.
2. describe how the different dimensions of wellness are integrated into health.
3. identify health risk behaviors related to nutrition and physical fitness, weight management, infectious diseases, and the use of drugs and alcohol.
4. identify global, national, and state health organizations and health professions and the services provided to consumers.
5. evaluate the effects of environmental conditions (locally, nationally, and globally) on human health.

### VI. Course Outline of Topics

1. Community Wellness and Physical Activity
2. Leading Causes of Death
3. Environmental Wellness
4. Drugs and Alcohol
5. Community Health and Preventative Health Practices

## **VII. Evaluation and Assessment**

Grades will be given based upon A = 90 – 100%, B = 80 – 89%, C = 70 – 79%, D = 60 – 69%, and F = below 60%.

## **VIII. Attendance**

Students are expected to attend all classes for which they are registered. Students who are unable to attend class regularly, regardless of the reason or circumstance, should withdraw from that class before poor attendance interferes with the student's ability to achieve the objectives required in the course. Withdrawal from class can affect eligibility for federal financial aid.

## **IX. Statement on Discrimination/Harassment**

It is the official policy of the Alabama Community College System and entities under its control, including all Colleges, that no person shall be discriminated against on the basis of any impermissible criterion or characteristic, including, without limitation, race, color, national origin, religion, marital status, disability, sex, age, or any other protected class as defined by federal and state law. (ACCS Policies 601.02 and 800.00)

## **X. Americans with Disabilities**

*The Rehabilitation Act of 1973 (Section 504)* and the *Americans with Disabilities Act of 1990* state that qualified students with disabilities who meet the essential functions and academic requirements are entitled to reasonable accommodations. It is the student's responsibility to provide appropriate disability documentation to the College.